



ESSENTIAL HEALTH

therapy centre & salon

iCon uLtralift™



## iCon uLtralift Treatment Menu

iCon uLtralift presents specialised treatments specifically designed to restore muscle tone and regenerate skin surface.

Rewind the ageing process and look as young as you feel with uplifting and preventative treatments to turn back the years without surgery or injections.

### FACIAL TREATMENTS

#### ULTRALIFT

The 10 minute miracle face lift is the perfect treatment for everyone with a busy lifestyle. Reducing the appearance of fine lines, wrinkles and defining skin contours for a more youthful glow.

10-20 min £25.00

#### ICON LIFT

This luxurious treatment is iconic in non surgical facials to delivering dramatic results. Stimulating circulation, eliminating toxins and restoring muscle tone. Your face will be noticeably lifted, beautifully smooth with a perfectly refined skin tone.

1hr 30min £70.00 course 10 £600

#### REFINE AND LIFT

Skin resurfacing with deep exfoliating pore refining treatment. Removing dead skin cells, reducing the appearance of blemishes, open pores, fine lines and wrinkles. Followed by a gentle lifting action to define facial contours. Fabulous, flawless results.

1hr £50.00 course 10 £500.00

#### EYE AND BROW LIFT

Transform and revitalise tired looking eyes with awakening effects.

Purely concentrating on the upper and lower eye area. Lifting and toning to reduce the appearance of dark circles, fluid retention, crow's feet and wrinkles. See the incredible results for yourself.

30min £30.00

#### SLEEK CHEEKS

Specifically targeting the lower face. Stimulating circulation, removing fluid retention and restoring muscle tone. Lifting and tightening cheek and chin area to promote a more defined sculptured jaw line and overall youthful glow.

30min £30.00

#### DESINCRUSTATION

A deep cleansing, purifying treatment suitable for oily, combination and congested skin types. Clarifies, rebalances and visibly improves skin texture.

1hr £48.00

## **IONTOPHORESIS**

Targets mature, dry and sun damaged skin to restore and replenish moisture levels. Relaxing treatment with hydrating and nourishing effects, leaving skin appearance perfectly smooth and beautifully balanced.

1hr £48.00

## **BODY TREATMENTS**

### **NECK, DECOLETTE REJUVENATE**

Purely targeting a main area of visible ageing, promoting lymphatic drainage to eliminate fluid retention and toxins. Stimulating current to define muscle and refine skin tone. Resulting with a firmer neck and defined jaw line.

30min £30.00

### **BUST LIFT**

Superior, non invasive lift with amazing results. Targeting bust area to tighten and define muscle tone, and perfect skin surface. Resulting with a lifted and enhanced cleavage.

30min £30.00

### **BATWING TONE**

Targeting loose skin and muscle, to help combat the unpopular 'batwing' effect. Deep penetrating micro current pulses to help redefine muscle tone. An intensive treatment promoting a more defined, sculptured appearance in the upper arm.

30min £30.00

### **ANTI CELLULITE FOR LEGS BUMS AND TUMS**

This is a specialised, non invasive treatment to encourage inch loss. Promoting lymphatic drainage, aiding the breakdown fatty tissue and eliminate cellulite. Resulting in healthier smoother skin tone and body contours.

45min £40.00

### **ABDO TONE**

Intensive toning and shaping. Purely targeting the abdomen area to tighten and enhance muscle tone. Reducing fluid retention and achieving a slimmer, defined result.

45min £40.00

### **DERRIERE AND THIGH LIFT**

Non invasive, intensive treatment to help restore muscle tone and redefine your body contour. Lifting and tightening buttocks and thighs for a sculptured, smoother profile.

Get the body you deserve!

40min £40.00

### **INTENSIVE HAND TREATMENT**

Targeting hands a main area of visible ageing. Restoring muscle tone and stimulating skin surface, hands will appear smoother and youthful. Outstanding results to compliment any manicure.

10-min £15.00

**A VISIBLE DIFFERENCE IS EVIDENT AFTER THE VERY FIRST TREATMENT, TO ACHIEVE OPTIMUM RESULTS IT IS RECOMMENDED TO HAVE A TAILOR MADE COURSE OF 10 SESSIONS FOLLOWED BY A MONTHLY MAINTANCE PROGRAMME.**

**WE OFFER A FREE 10 MIN CONSULTATION IF YOU ARE UNSURE OF WHAT TREATMENTS YOU REQUIRE ALL TREATMENTS ARE AVAILABLE FOR MEN AND WOMEN.**

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**[www.essentialhealththerapy.co.uk](http://www.essentialhealththerapy.co.uk)**